## Recruiting Rules Guide

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**GRADE** 9 - 10

## NCAA Rules and Requirements

Recruiting Method	Division (	Division II	Division III
Recruiting materials	Student can receive questionnaires, general college admissions information, and brochures for camps.	None allowed.	Students can receive printed material at any time.
	Men's basketball coaches can begin sending recruiting materials June 15 the sophomore year.		
Telephone Calls	College coaches cannot call a high school freshman or sophomore, nor can they return phone calls. However, a student-athlete can call a coach at his or her expense as often as he or she wants.	College coaches cannot call a high school freshman or sophomore, nor can they return phone calls. However, a student-athlete can call a coach at his or her expense as often as he or she wants.	No limit on the number of calls or when the college coach can initiate them.
	At the end of a male basketball player's sophomore year, a basketball coach can accept a collect call from a student-athlete.		
	If a student is an international prospect for women's ice hockey, a college coach can call her once in July after her sophomore year.		
Off-campus contact	None allowed.	None allowed.	None allowed.
Official visits	None allowed.	None allowed.	None allowed.
Unofficial visits	Allowed without restrictions.	Allowed without restrictions.	Allowed without restrictions
Instant and text Messages	Forbidden.	Forbidden.	Forbidden:



GRADE 11

## NCAA Rules and Requirements

	JUNIOR RECRUITING RULES					
Recruiting Method	Division I	Division II	Division III			
Recruiting materials	Beginning September 1 of junior year, a student-athlete can receive recruiting material from coaches. Men's basketball and ice hockey coaches can start	A coach can begin sending printed recruiting materials September 1 of the junior year.	The student-athlete can receive printed material at ar time.			
	sending recruiting materials June 15 of the summer before junior year.					
Telephone Calls	A student-athlete can make unlimited calls to the coach at his or her expense. Starting July 1 after the athlete's junior year, coaches (exceptions noted below) can call once per week.	A college coach can call a student-athlete once per week beginning June 15 of junior year. An athlete can make unlimited calls to the coach at his or her expense at any time.	No limit on the number of calls or when the college coach can initiate them.			
	A men's basketball coach can call once per month beginning June 15 before junior year through July 31 after the junior year.					
	A football coach can call once from April 15 to May 31 of junior year.					
	A men's ice hockey coach can call once per month beginning June 15 before junior year and through July 31 after junior year.					
Off-campus contact	None allowed until July 1 after the junior year.	A college coach can have contact beginning June 15 after junior year. A coach is limited to three in-person contacts off campus.	A college coach can begin to have contact with a student off campus beginning the summer after the junior year.			
	For gymnastics, none are allowed until July 15 after the junior year.					
Official visits	None allowed.	None allowed.	None allowed.			
Unofficial visits	Allowed without restrictions.	Allowed without restrictions.	Allowed without restrictions.			
Instant and Text Messages	Forbidden.	Forbidden.	Forbidden.			

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## NCAA Rules and Requirements

SENIOR RECRUITING RULES						
Recruiting Method	Division I	Division II	Division III			
Recruiting materials	Allowed without restrictions.	Allowed without restrictions.	Allowed without restrictions.			
Telephone Calls	A student-athlete can make unlimited calls to the coach at his or her expense. Starting July 1 after your child's junior year, some coaches can call once per week. (See exceptions.)  A men's basketball coach can call twice per week beginning August 1 before the senior year.	A college coach can call a student-athlete once per week beginning June 15 of junior year. An athlete can make unlimited calls to the coach at his or her expense at any time.	No limit on the number of calls or when the college coach can initiate them.			
	A women's basketball coach can call once per week beginning August 1.					
	A men's ice hockey coach can call once per week beginning August 1.					
	A football coach can call once per week beginning September 1.					
Off-campus contact	Allowed. A college coach can contact an athlete or parents off campus not more than three times during the senior year.	A college coach can have contact beginning June 15 after junior year. A coach is limited to three in-person contacts off campus.	A college coach can begin to have contact with a student off campus beginning the summer after the junior year.			
	Men's basketball coaches can meet with the athlete beginning September 9.					
	Women's basketball coaches can meet with the athlete beginning September 16.					
	Football coaches can meet beginning November 30. A football coach can contact the athlete or parent not more than six times, including one evaluation during September, October, and November.					
Official visits	Allowed beginning opening day of classes senior year. A student is limited to one official visit per college up to a maximum of five official visits.	Allowed beginning opening day of classes senior year. A student is limited to one official visit per college up to a maximum of five official visits.	Allowed beginning opening day of classes senior year. A student is limited to one official visit per college.			
Unofficial visits	Allowed without restrictions.	Allowed without restrictions.	Allowed without restrictions.			
Instant and Text Messages	Forbidden.	Forbidden.	Forbidden,			